

COVID-19 Safety Planning

Lifesaving

Effective 20th August 2020

Any Surf Life Saving Club (SLSC) in NSW **MUST** complete a 'COVID-19 Safety Plan', follow the current COVID-19 Public Health Orders and manage risks to SLS members, staff and other people in accordance with Work Health and Safety laws. They **MUST** also register as the 'COVID Safe Business' to show their commitment to COVID Safety and keeping our community safe.

SLSNSW has developed this contextualised COVID-19 Safety Plan template based on the [general version](#) released by the NSW Government. The requirements have been reworded and contextualised for Surf Life Saving. This template is shared in a tool kit format allowing clubs to edit and add in specific risks related to their local operating environment.

This template will be reviewed by SLSNSW on a regular basis. It is important to note that it is the club's responsibility to ensure their COVID Safety Plans are kept up to date and that they meet the relevant legislative and compliance requirements.

1 Create and Complete a COVID-19 Safety Plan

You **MUST** create and complete a COVID-19 Safety Plan in consultation with your Club Management Team, then share it with them. This will help slow the spread of COVID-19 and reassure SLS members, staff and other people that they can safely visit the SLSC. You should update the plan to be more specifically tailored to your SLSC and you should update it in the future, as restrictions and advice changes.

The plan has the following focus areas for clubs as a guide to create and complete their own COVID-19 Safety Plan:

- Wellbeing of members, staff, and other people
- Physical distancing
- Hygiene and cleaning
- Record keeping
- Program specific risks

2 Register the SLSC as a 'COVID Safe business'

After you have completed the COVID-19 Safety Plan, you **MUST** [Register your SLSC as 'COVID Safe Business'](#).

As a 'COVID Safe Business', your SLSC will be able to show everyone that you're committed to keeping them safe. SLS members, staff and other people will also be able to provide feedback in real-time.

When you have registered, you will get:

- a digital COVID Safe badge for use on Google and social channels
- posters on safety and hygiene
- reports on how everyone rates your SLSC safety.

3 Show that the SLSC is COVID Safe

The final step is showing that your SLSC is doing its part to keep our community COVID Safe:

- download and display your COVID Safe posters and make your SLS members, staff and other people feel confident
- share your completed COVID-19 Safety Plan with your SLS Club Management Team, staff and members to ensure their wellbeing
- display your COVID Safe badge on your digital and social channels such as Facebook and Google Maps
- train SLS members and staff to act in a COVID Safe way

COVID-19 Safety Plan

Surf Life Saving Club details	
Surf Life Saving Club:	Nobbys NSW
Plan completed by:	Wade Hammond / Director of Lifesaving
Plan approved by:	[SLSC President/ COVID Safe Coordinator]
Plan effective:	[Day DD Month Year]

Specific risks related to Lifesaving

Requirements for your SLSC and the actions you will put in place to keep your SLS members, staff and other people safe.

Risks	Actions
Lifesaving	
Patrol Attendance	<p>Do not attend patrol if you:</p> <ol style="list-style-type: none"> have any symptoms (i.e. fever, coughing, sore/scratchy throat, shortness of breath or loss of taste or smell) have been in close contact with someone who has tested positive for COVID-19 have tested positive for COVID-19 – wait until you have been given medical clearance to attend again have travelled overseas, to Victoria, or to a designated hotspot in the 14 days prior to any of your patrol dates. <p>Arrange a patrol swap and inform your patrol captain.</p> <ul style="list-style-type: none"> If you are diagnosed with a confirmed case of COVID-19 within 14 days after attending any SLS activity, you must contact SLSNSW immediately on 02 9471 8000. Patrol logs to be maintained with details of attending members as usual to assist with contact tracing if required. <p>Full day patrols to be utilised to minimise the number of patrol members moving through the Club over the weekend.</p>
Interaction with the Public (General)	<ul style="list-style-type: none"> Maintain recommended social distancing of 1.5 metres from members of the public at all times. Patrol members to use supplied face masks where social distancing cannot be maintained on the beach or patrol spaces NSW Health training in Donning & Doffing of face mask PPE to be undertaken by all patrolling members Patrolling members to be supplied with bum-bag containing face mask, gloves and sanitiser for personal use. Stocks to be maintained in the patrol cupboard for replenishing bum bags. Prevent members of the public from sitting on patrol equipment, and discourage from loitering or leaving personal effects under the patrol tents or trailer.
Performing Rescues	<ul style="list-style-type: none"> Most suitable rescue method to be chosen to ensure the preservation of life from drowning As always, there should be a major focus on preventions and proactive patrolling. Patrols should continue to undertake inflatable rescue boat, rescue board and rescue tube pickups. After the rescue is finalised, ensure you have taken retrospective action to minimise any risk e.g. showering if

Risks	Actions
	<p><i>possible, cleaning equipment.</i></p>
Resuscitation	<p>Apply the amended SLSA DRSABCD procedure during COVID-19 poster. In summary:</p> <ol style="list-style-type: none"> 1. Do not attend the patient without PPE 2. Do not use suction 3. Do not use OP airways 4. Do not use Bag Value Mask (BVM) 5. Do not give rescue breaths <p><i>In the current COVID-19 pandemic, rescuers who are willing, trained, and able to do so, consider providing rescue breaths to infants and children in addition to chest compressions.</i></p>
Providing First Aid	<p><i>Direct first aid patients to the Council Lifeguards in the first instance if patient care is not urgent.</i></p> <p><i>Wear gloves when handling any first-aid equipment, including first aid kit, defib unit and OxyViva.</i></p> <p><i>Patient contact details MUST be recorded in the incident log when aid is provided. This is to facilitate contact tracing if required.</i></p> <p>Minor First Aids</p> <ol style="list-style-type: none"> 1. Sit the patient outside the club first aid room, patrol tent or observation tower. 2. Ensure that correct PPE is utilised. 3. Provide the patient with the appropriate first aid supplies to self-treat (band aids/alcohol swabs etc.). 4. Ensure that you wash your hands for at least 20 seconds after treatment. 5. Maintain at least 1.5 metres distance where possible. <p><i>If the patient cannot self-treat, follow the Major First Aid advice.</i></p> <p>Major First Aids</p> <ol style="list-style-type: none"> 1. Treat as per training, however take extra caution with ensuring correct PPE utilised. 2. Minimise exposure to other patrol members or lifeguards where possible e.g. one (1) patrol member/lifeguard to treat one (1) patient. 3. Ensure that you wash your hands for at least 20 seconds or shower after treatment. 4. Extra care should be taken with cleaning ALL facilities/equipment after treating a patient.
Social Distancing with Other Patrol Members	<ul style="list-style-type: none"> • Disperse patrol members into smaller groups around Club facilities and beach locations as far as practicable. • Utilise the 2nd patrol tent on the beach in a secondary patrol location (e.g. on the north side of the flags). • No more than 4 patrolling members to be located under a patrol tent at one time. • Maximum of 5 patrol members as can be accommodated in the patrol room under the 4sqm rule. (CHECK THE ROOM CAPACITY). • In the case of inclement weather and extended period inside the Club House, utilise the main function area so as to maximise social distancing. Improve ventilation by opening the sliding doors. In addition, the Patrol Captain may release excess patrolling members provided the minimum numbers and skill set are retained at the beach. • Maximise use of roving patrols on foot and in the SSV. • Maximise use of the IRB for water patrols.
Shared Surfaces - Patrol Resources	<ul style="list-style-type: none"> • All equipment to be washed down using either soapy water (rescue tubes and boards) or disinfectant wipes (radio's) at the start and end of each patrol. • Rescue tubes at the flags to be used ONLY in rescue situation.

Risks	Actions
	<ul style="list-style-type: none"> • <i>Rescue tubes carried for roving patrol to be allocated to specific patrolling members for the duration of the patrol.</i> • <i>Radios to be allocated to individual patrol members for the duration of their patrol.</i> • <i>SSV – nominate one driver to operate the SSV for each patrol. Sanitise hands before each use of the SSV and wash down driver area with soapy water at the end and start of patrol.</i> • <i>Remove IRB from tower before Council Lifeguards or wait until Lifeguards have removed their equipment so that we are no interacting in the same space.</i>
Shared Surfaces – Toilets & Change rooms	<ul style="list-style-type: none"> • <i>Sanitise hands frequently throughout the day using the sanitiser provided.</i> • <i>Club toilets and change rooms will be open strictly for patrolling members only.</i> • <i>Toilets to be cleaned by individual members after each use using wipes and or disinfectant spray provided.</i> • <i>Hands to be washed or sanitised before and after using toilet and change room facilities.</i> • <i>Professional cleaning to be undertaken of patrol room and toilets and change rooms following each patrol weekend.</i>