

Senior and Masters Age Championships

Sun 18 March 2018

8:30 marshalling 9:00am start

Rules:

- U15s and older can compete
- Age Categories will be decided upon all entries being received
- All Nobbys Bronze or SRC proficient members can compete in the club champs.
- The Official's decision is final.

Point Scores

1st = 6 points

2nd = 4 points

3rd = 2 points

Participation = 1 point Any draws will be decided on a countback. Eg . 2 wins = 12 points will beat 3 seconds on 12 points.

The **Quinny** Rule: You must finish a race to receive your participation point. (introduced after Matt Quinn tried to enter all races to get a point with no intention of finishing AKA 1km run)

The schedule of events may change with assessment of conditions.

Event Schedule

8:30am	Marshalling
9:00am	Swim – Male - Female
9:15am	Boards – Age Groups Male – Female
10:45am	Sprint - Age Groups Male – Female
11:00am	Ski - Male – Female
11:15am	Flags – Age Groups Male - Female
11:30am	1km Beach Run
Noon	Free BBQ

Craft Rules:

Competition boards and soft rescue boards will be permissible, no fibreglass rescue boards are allowed.

Any ski type permissible in order that we have enough skis to run events. You need to be competent to compete in the ski.

Conditions:

Events may be run in the harbour if the beach is considered dangerous after Risk Assessment.

Please text Natasha Ryan on 0407 453853 if you wish to compete so we have some idea of numbers, can act as an official, recorder of water safety. Pink Rashi or yellow WS shirt Required for water events. (Some will be supplied)