



INJURY DURING COMPETITION OR CLUB ORGANISED AND SUPPORTED TRAINING

This Policy provides guidance for Nobbys Surf Lifesaving Club and its competition members in the case of an injury sustained during a SLSC endorsed competition or Nobbys SLSC organised and endorsed surf sport training session.

Policy Intent

- If you are injured during competition or training you **MUST** have your incident recorded in a SLSC Incident Log book. This will be recorded in the incident reporting database (IRD).
- If you require ambulance transport to hospital and medical assessment, this cost WILL be borne by you and / or your own medical insurance **UNLESS** you complete the Workers Compensation and submit to iCARE.
- Trainers, coaches and organisers of Nobbys SLSC surf sports teams and surf sports training MUST provide a copy of this policy to all competitors, training persons and the parents of minors competing for Nobbys or training .
- All Nobbys SLSC competitors MUST abide by this Policy, and if competing for Nobbys SLSC, it is taken that all competitors agree to abide by this Policy.
- Organisers of Team and Training Must ensure that

What Do you Do if you are Injured at a Carnival or Training

1. **a) At Training:** If you are injured at training advise your trainer, coach, manager who will fill in the incident log.
b) At Carnival: If you are competing at a carnival attend the First Aid Station and the First Aid person will fill in the incident log. If they don't ask them to fill it in.
2. **a) At Training:** After filling in the incident form the trainer or coach should radio through to Surfcom to obtain an IRD number. Provide the IRD number to the injured participant and keep a record. They will not be able process a work cover claim unless you have an IRD number.
b) A Carnival: After filling in the incident form the First Aid station should be asked to radio through to SURFCOM to obtain an IRD number. Don't assume they will do this you must ask and request that number from the first aid station.
3. Going by ambulance or attending medical services is a cost borne by yourself unless you fill out Workers Compensation Forms and email them to wiclaims@icare.nsw.gov.au within 48 Hrs of your incident. Your trainer, coach or manager should have copies in their carnival kit, otherwise go to <http://www.surflifesaving.com.au/members/resources/work-health-and-safety> and download the information.

4. If you require medical treatment iCARE will need to give you approval for that treatment before you commence treatment (unless in case of emergency such as ambulance transport to hospital and care at hospital).
5. Keep all copies of invoices and fees paid. If Nobbys receives an invoice for costs, YOU will need to pay this if you have not claimed work cover within 48hrs. If you have a Work cover claim, the costs should be paid by the insurance.
6. If you have a Work Cover Claim you **CANNOT** return to competition, training or active surf duty without completion of a Return to Surf Duties Form. This can be downloaded at the above.

Endorsed : Nobbys SLSC Executive XXXXXXXXX